

On the 3rd of January we loaded all the packed boxes on the trailer and we followed the truck with all our furniture to our new neighbourhood. As we were driving I felt a sense of fear. What if I don't like my new room or my new school? What if I don't have any friends?

Mommy immediately noticed that I looked worried and a little bit sad. She asked why I felt this way and what she could do to help me feel better. As we continued on our journey Mommy began to tell me the story of Moses and how his mother put him in a basket and into the river to protect him from being murdered. She explained that at that time Pharaoh was trying to destroy God's people. Pharaoh's daughter found Moses and adopted him, she raised him in the palace as her own child. Mommy explained that Moses didn't fit in, he even stuttered, but God

Mommy explained that in the most difficult and scary situations, we are not alone. God is with us. His Holy Spirit is within us to help us through the challenges of life, just like He helped Moses. Just think about it, if God could help Moses lead His people out of slavery I'm sure God can help us through life's obstacles.

The Bible says in John 14:26 (AMP) "But the [a]Helper (Comforter, Advocate, Intercessor—Counsellor, Strengthener, Standby), the Holy Spirit, whom the Father will send in My name [in My place, to represent Me and act on My behalf], He will teach you all things. And He will help you remember everything that I have told you."

We are definitely not alone. So don't feel sad or overwhelmed. Just talk to God and ask Him to help you.